

# The analysis of the trend of educational system in orthotics and prosthetics in Iran and the world: A step toward the foresight

Alireza Taheri<sup>1</sup>, Tahereh Changiz<sup>2</sup>, Shahram Tofghi<sup>3</sup>

<sup>1</sup>Department of Orthotics and Prosthetics, School of Rehabilitation, Isfahan University of Medical Sciences, <sup>2</sup>Department of Medical Education, Isfahan University of Medical Sciences, Isfahan, <sup>3</sup>Department of Information and Communication Technology, Health Management Research Center, Baqiyatallah University of Medical Sciences, Tehran, Iran

**Background:** Along with the growth of science and technology, the orthotics and prosthetics (O and P) have been changing since the past as a dynamic profession and the role of a specialist in O and P has also undergone a change due to needs of society and the growth of technologies. To illustrate the future direction of an educational system, it is necessary to have a trend analysis of what weaknesses and strengths have existed in the past and the present. **Materials and Methods:** In this analysis, two methods of scoping review and interview were conducted. For the purpose of scoping review, database searches of PubMed, ERIC, SID, and Web of Science in combination with a search on websites of key organizations, including universities, World Health Organization, and International Society of O and P were conducted. **Results:** Various trends have been formed from different aspects in the health education system due to multifaceted nature of the O and P. The areas include health and education services, technology, curriculum, educational programs, and accreditation. **Conclusion:** The debate on monitoring and evaluation of O and P educational systems has been also developed along with the progress made in the training of O and P. The training of individuals by setting minimum standards leads to a professional competency in line and is considered as other issues arisen in the field of education; however, in recent years, improvements in this field have not been significant.

**Keywords:** Education, foresight, orthotics and prosthetics, trend

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## INTRODUCTION

Each set and organization has always been sensitive to social, political, economic, and management changes. These changes have a significant impact on the success and survival strategies of the organization.<sup>[1]</sup>

Since, trend analysis is needed for futures studies in each set that it can be examined that what weak and strengths have existed in the past and present that can be controlled with the correct management of the future. According to the definition of the process, which is a phenomenon that is repeated in a short

time with a particular tendency, and in other words, the development and change move toward a new and different thing,<sup>[2]</sup> the orthotics and prosthetics (O and P) also have been subject to change over time due to its nature.

O and P are one of the rehabilitation sciences that, during a process, help a person to regain his/her lost ability after an event. In this process, orthotics can be used to improve the function of the organs of the body and prosthesis can be replaced by the lost organ.<sup>[3]</sup>

This field has changed over time due to the nature of the field in applying different materials and technologies

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**Address for correspondence:** Dr. Alireza Taheri, Department of Orthotics and Prosthetics, School of Rehabilitation, Isfahan University of Medical Sciences, Hezarjerib, Isfahan, Iran. E-mail: taheri@rehab.mui.ac.ir

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and the demand for these services, and the role of the O and P specialist has changed due to various factors.

Foresight of this field in the first step requires identifying the processes that have a significant effect on forming and completing it, and the study of this issue must be trained to the managers, experts, and stakeholders. It must be clearly specified whether these processes continue and join the future or stop at a certain stage.

In general, it is expected that the lives of people in this field will also evolve due to the prominence of technology in its design and its parts with the growth of societies and improving technology,<sup>[4]</sup> and subsequently, health will be affected. This is a controversial issue how Iran reacts in this path of change and development and whether it has been affecting or partly has been able to keep pace with the significant rate of changes with self-centeredness. This study was carried out aiming to accurately examine the historical trend of O and P in Iran and other countries of the world.

Due to the influence of different factors and fields in the education and training in O and P, it should be examined whether existing processes have been failed or may be failed. Whether the views of individuals have been affecting in this development, or the feeling of collective need based on environmental conditions such as diseases and natural disasters and the condition imposed on society, such as war and other, has led to an development in all aspects of education (curriculum, evaluation, and qualifications); these topics are of utmost importance. The O and P discipline has a multifaceted nature, so it has made a significant impact on the health with focus on the formal education. Therefore, the aim of this study was to accurately examine the historical trend of O and P education in Iran and other countries of the world, which along with the upstream documents helps to identify shortcomings and opportunities ahead and provide suitable context for large-scale planning for affecting human resources training in the future society. When this trend analysis combines with other future research methods, this can give a deeper understanding of our analysis of the possible future.

## MATERIALS AND METHODS

Given that we are seeking to historical data extrapolation in the field of O and P, the historical trend analysis method has been used in this study. In this analysis, two methods of scoping review and interview were conducted.

For the purpose of scoping review, database searches of PubMed, ERIC, SID, and Web of Science in combination with a search on websites of key organizations, including

universities, World Health Organization (WHO), and International Society of P and O (ISPO) were conducted.

A series of O and P educational information from the oldest available literature to 2017 was identified and studied in Iran and in the world using the following keywords and their derivatives – education, curriculum, rehabilitation, orthotics, prosthetics, assistive devices.

All documents and abstracts yielded from the search strategy were assessed by a single reviewer. Studies and documents were included if the main outcome measures or contents were about O and P education in Iran and other countries of the world, shortcomings and opportunities, and factors affecting human resources training in this field.

Interviewees were all academic staff (22 of 26) of only three departments of O and P in Iran (Iran University of Medical Sciences, The University of Social Welfare and Rehabilitation, Isfahan University of Medical Sciences). The interviews were conducted at the professors' office in semi-structural and open end for 30–60 min, and asking questions such as what is your idea about the trend of O and P education in the world and in Iran? or what are the main problems and how to solve them in the field of educational technology?

Two general patterns of continuity and noncontinuity were considered during the work. Is the current trend a continuation of the past trends? The nature, causes, speed of development and potential effects of the process were identified in reviewing trends. This method in fact is considered as the prediction of the future using historical evidence that has indicated the changes of a given data past to present. The analysis of trends is useful especially for assessing the effectiveness of policies and identifying emerging problems.

## RESULTS

A review of the historical evidence revealed three predominant themes affecting O and P education in Iran and other countries of the world including health and training services, technology, and educational programs. The content analysis of interviews resulted in six predominant themes affecting O and P education. Two of them were almost similar to the results of scoping review and other two affecting factors were curriculum and accreditation [Table 1].

According to the results of scoping review and interviews conducted in this field, the O and P move slowly toward other health services, but the growth of technology and science related to the industry, which is necessary for this

**Table 1: Fields and effective and affecting factors the educational process of orthotics and prosthetics**

Field	Trend	Affecting factors	Effective factors
Health and training services	Old age rate	Old age growth	Rehabilitation programs (preventive and mandatory programs)
	Increased diseases	Burden of diseases	The membership of orthotics and prosthetics specialist in the treatment team
	Teamwork	Interdisciplinary in health and education	Development of training centers
Technology	Access to orthotics and prosthetics	The amount and type of access	Design innovate
	A new approach to technology	Implementation of innovative - Advances in materials engineering Training CAD/CAM and other electronic equipment	Operationalization of curriculum by using this system
Educational programs	Standard educational programs	Development of a comprehensive educational program	Educational coherence of the field
		Credible academic certificates	The growth of the certificate from the issuance of valid certificates to bachelors
Curriculum	Development of a curriculum with new approaches	Development of educational standards	Holding advanced education
		4-year program development Development of the program in high degree	Training based on scientific principles
		Standardization curriculum The use of new educational methods in curriculum (PBL)	Assigning hours to theoretical and practical lessons Broadening the curriculum (technology, management)
Accreditation	Addressing accreditation of the curriculum as an integral part	Development of minimum quality standards	Influencing curriculum in the field of skill and knowledge
		Performing first accreditation	Recognition of the discipline in the field of health

PBL=Problem-based learning; CAD=Computer-aided design; CAM=Computer-aided manufacturing

field, has naturally accelerated the development of this field, especially in the field of education and academia.

### Health and training services

Seven articles and document describe either existing<sup>[5-11]</sup> or O and P programs including descriptions of entire programs.

### An interdisciplinary activity and the need for teamwork

Three articles made recommendations about teamwork that health and education programs in O and P should deliver.<sup>[5,7,9]</sup>

Development of disease prevention strategies and managed cares and providing out-of-hospital care and a wide range of primary care caused interpersonal collaboration and interdisciplinary approach can provide health care by different fields.<sup>[5]</sup>

Along with the changes in technology and health care, the role of O and P specialists has focused on more comprehensive aspects instead of techniques and playing role as rehabilitation team members has expanded.

### Burden of diseases

One document made recommendations about burden of diseases. The burden of disease is another factor in the training and delivery of O and P, which each country meets its own requirements.<sup>[10]</sup> In Iran, musculoskeletal, traumatic, and other diseases are one of the issues that should be addressed in educational planning.<sup>[11]</sup>

### Old age

Always, there is increasing concern among planners for the future about the rate of growth of the aging population in countries.<sup>[8]</sup> The rate of aging in the United States is also growing so that over the past 40 years it has almost doubled and it is expected that this trend continues.<sup>[7]</sup>

According to the latest statistics released by the Ministry of Health in 2017, 8% (6 million people) of the Iranian population were over 60 years old, and now, this has reached 10% (8 million).<sup>[6]</sup>

### Technology

Two articles had recommendations on how to change the approach to technology, health, and education.<sup>[12,13]</sup>

Parallel to changes in technology,<sup>[12]</sup> the orthotist and prosthetist role has expanded from a focus on the technical aspects<sup>[13]</sup> to device design made and the use of new equipment as members of a therapeutic team.

### Education programs

Six papers<sup>[14-19]</sup> assessed various aspects of education and training on standards and evaluating in the attainment to certificate.

### Developing training

Since 1968–2003 standards were recommended for the training and finally led to the publication of instructions to

train personnel in developing countries in the field of O and P,<sup>[14,15]</sup> the use of educational standards is considered as one of the points in the O and P training, which was approved by the American Educational Accreditation Board. Aimed to link the curriculum of O and P and the patient's need.<sup>[16]</sup>

### Certificate

Since 1965, the long-term courses along with a certificate were used instead of a bachelor's degree.

Then, in 1970, having diploma degree was necessary to enter a high school. Since 1980, it has been moved toward a bachelor's degree in orthotics and prosthetics and has provided official documents by the official educational assembly.<sup>[15,17,18]</sup>

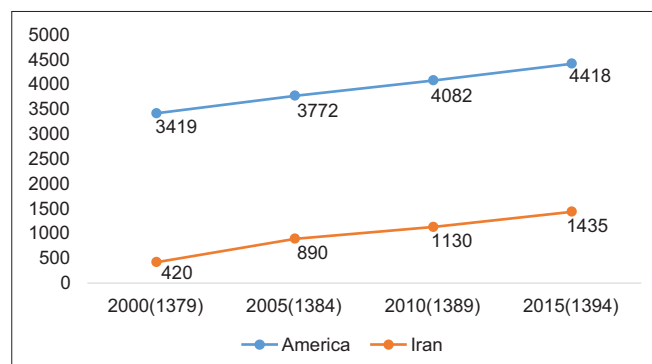
In Iran, given that among three educational centers, from 1981 until now, have had 1400 graduated students and although two other centers have been added, but this number still cannot provide services for 7 million applicants.<sup>[19]</sup>

If the number of student who is trained in the field of O and P in the United States and Iran in the period 2000–2015 [Table 2] is compared, we find that, regardless of the population and the number of educational centers, there is a relatively similar growth in human resource training.

### Curriculum

Nine articles provide evidence relating curriculum and education strategies.<sup>[15,16,18-24]</sup> In 1952, the first meeting was held to present a comprehensive 6-week program at the University of California, Los Angeles<sup>[18]</sup> followed by the University of New York presented For the Bachelor of the 4-year integrated program for the first time.

These programs were implemented during 2 years with the basic prerequisites in the natural sciences, social sciences, and mathematics that were foreseen for the early years and emphasized the training of specialized O and P in the years to come.<sup>[19]</sup>



**Table 2:** Comparison of the number of trained student in Iran and the United States

### Training and strategies in curriculum

The curriculum evolution trend into newer issues and transferring it to the student,<sup>[20]</sup> such as problem-based curriculum,<sup>[21]</sup> free curriculum,<sup>[22]</sup> and distance education or long-distance learning,<sup>[23]</sup> is discussed. This trend has grown to the point where even the integration of theoretical and practical courses is seen in most universities or the problem-based learning training methods are arisen in North America.<sup>[15]</sup>

Changing titles in curriculum was considered as another trend in the provider's universities, in such a way that the original curriculum was developed by the National Commission on Orthotic and Prosthetic Education (NCOPE) for O and P, including technical and clinical skills, practical management, economics in health, bioethics,<sup>[16]</sup> and competency.<sup>[24]</sup>

### Accreditation

Two articles made recommendations about the educational programs to be accredited.<sup>[16,25]</sup> In 1972, the American Board of O and P launched the Educational Accreditation Commission (EAC). In 1990, the EAC with other centers of research, assessment investigated the relationship between the training curricula of O and P and the patient's need and the need assessment in patient care with kind of training.<sup>[16,25]</sup> In Iran, there have not been any specific programs to validate O and P training programs.

## DISCUSSION

The discussions addressed in the historical process of O and P included some main fields, including the impact of education on providing health services, curricula, and educational strategies, the evaluation role in the form of accreditation, and the effect alongside other related sciences.

The O and P discipline has a multifaceted nature, so it has made a significant impact on the health with focus on the formal education. Considering the problems due to absence of a comprehensive plan in health service, the need for health care in collaboration with health professionals has been felt in different specializations in an interdisciplinary field. Development of the strategies for disease prevention and managed care, providing out-of-hospital care, and a wide range of primary care has led interpersonal collaboration, and an interdisciplinary approach can provide health care by different disciplines.<sup>[5]</sup>

In Iran, according to the number of disabilities, as well as the damages caused by war and diseases, and the growth of industrial centers and aging (1.8%),<sup>[5]</sup> although academic centers interact with the centers under supervision of The Foundation of Red Crescent, Health and Welfare have been

provided human resources training services, the number of trained personnel is not yet provided considering the needs of the community.<sup>[26]</sup>

In the field of curriculum, while we are facing with changes in the number and type of orthotic devices due to new developments in technology and new materials production, but the level of curriculum and training for O and P specialists has not been improved quickly. Part of the problems that hindered a comprehensive training were the flexibility and complexity of orthotics and prosthetics.<sup>[7]</sup>

The O and P discipline was recognized and accredited by the Association for Medical Education and was eventually introduced as a public health profession.

In Iran, the need to compilation an accreditation program for education in this field is highly felt.

We are facing with a wide range of issues in our O and P training systems, such as presentation of curricula, presentation methods, corresponding rise in needs led curriculum design, and new and innovative pedagogic approaches, such as digital interactivity<sup>[12,22]</sup> (and their effectiveness in students training.<sup>[27]</sup> Although academic is not growth significantly, the competition platform for this discipline is open.

The estimation of the disease burden status is considered as one of the most important issues in the field of health, which if its dimensions are identified correctly, it can be used in future planning. The type of relationship between diseases and disorders with O and P services constitutes an important part of the educational strategy. For example, it was estimated that about 35 million Americans are suffering from an orthopedic disease that may require orthotics.<sup>[13]</sup> This population growth requires the development and implementation of an educational program.

Another thing that can be mentioned in this trend is the kind of educational focus of the countries so that educational institutions in developed countries believe that students are responsible for their learning and these institutions tend to focus on critical thinking skills and institutions in developed countries focus more on skill development along with supervision of teachers.

Furthermore, according to the results of studies conducted in this field, competency is considered as an integral part of bachelor courses in O and P.<sup>[28]</sup>

Furthermore, in the curriculum of the School of Rehabilitation in Iran, in the ministry's review, the movement has begun to fundamental issues such as evidence-based, use of

communication skills, and practical ethics for treating patients.

According to the latest statistics released by the WHO in 2017, 8% (6 million people) of the Iranian population were over 60 years old, and now, this has reached 10% (8 million). The number of elderly people in Iran by 2030 will be 14.4%.<sup>[6]</sup> Many studies indicate preventive and rehabilitation programs have increased as the elderly population grows and it should be mandatory to provide rehabilitation services.<sup>[29]</sup>

Today, the need for collaboration of health professionals from different types of specializations in an interdisciplinary field is felt more than ever due to the speed of technology development and patient care practices.<sup>[8]</sup>

Along with the changes in technology and health care, the role of O and P specialists has focused on more comprehensive aspects instead of techniques and playing role as rehabilitation team members has expanded.

One of the topics discussed in this field is whether the level of training provided has a significant impact on the quality of providing service or whether the O and P services affect the health of those who use the services? No specific studies were conducted to determine whether preservice training in the three levels of ISPO had a significant impact on the quality of providing service.

With an aging global population and a rise in noncommunicable diseases, more than 2 billion people will need at least 1 assistive product by 2030, with many older people needing two or more.

Today, only one in 10 people in need has access to assistive products.<sup>[9]</sup> Indeed, the examination of different dimensions of O and P education can enhance standards and patient satisfaction.<sup>[10]</sup> This indicate that there should be a plan for an effective education program for the future.

## CONCLUSION

Changes and developments in technology and health care, in addition to acquiring other health and medical professions, have created a growing need to accelerate the future with competitive technology and healthcare markets among O and P students. However, a need for significant advancements in O and P training programs is felt to keep pace with professional changes growth in O and P in the new millennium.

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### Conflicts of interest

There are no conflicts of interest.

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