

# Ertapenem for multiple $\beta$ -lactamases producing Gram-negative bacteria causing urinary tract infections in HIV patients

Sir,

Extended-spectrum  $\beta$ -lactamases (ESBLs) and AmpC  $\beta$ -lactamases (AmpC) are responsible for  $\beta$ -lactam antibiotic resistance among *Escherichia coli*.<sup>[1]</sup> Metallo- $\beta$ -lactamases (MBLs) hydrolyze virtually all drugs in the class of carbapenems. This study was aimed to detect the ESBLs, MBLs, and AmpC production among Gram-negative bacteria from HIV patients. A total of 128 bacterial isolates were collected from urine samples of HIV patients having the symptoms of urinary tract infections (UTIs), attending Y. R. Gaitonde

Centre for AIDS Research and Education (YRG CARE), South India. The Gram-negative bacterial isolates were screened for ESBLs production using cefotaxime (30  $\mu$ g) and ceftazidime (30  $\mu$ g) alone and in combination with clavulanic acid (10  $\mu$ g), for MBL production using imipenem (10  $\mu$ g) alone and in combination with ethylenediaminetetraacetic acid (EDTA) (750  $\mu$ g), and for AmpC production using ceftoxitin (30  $\mu$ g) alone and in combination with cloxacillin (200  $\mu$ g) by combination disc method. Of the 128 urinary isolates, 73 (50.7%) were *E. coli*, 19 (13.2%) *Klebsiella pneumoniae*, 17 (11.8%) *Klebsiella oxytoca*, 9 (6.3%) *Proteus mirabilis*, 2 (1.4%) *Proteus vulgaris*, and 8 (5.5%) *Pseudomonas aeruginosa*. Out of 128 bacterial isolates, 120 belonged to *Enterobacteriaceae* family and 8 to *Pseudomonas aeruginosa*. Among the bacterial isolates of *Enterobacteriaceae*, 63 (52.5%) showed positive for ESBLs, 62 (51.66%) for MBLs, and 60 (50%) for AmpC, and among the bacterial isolates of 8 *Pseudomonas aeruginosa*, 4 (50%) showed positive for ESBLs and 5 (62.5%) for both MBLs and AmpC. It was also observed that ESBLs producing isolates showed minimum inhibitory concentration (MIC) values ranging

**Table 1: The percentage of antibiotic resistance and  $\beta$ -lactamases production of the Gram-negative bacteria from HIV patients**

	Organisms						Total ( $\beta$ -lactamases producing bacteria, n=113)
	<i>E. coli</i> (%)	<i>K. pneumoniae</i> (%)	<i>K. oxytoca</i> (%)	<i>P. aeruginosa</i> (%)	<i>P. vulgaris</i> (%)	<i>P. mirabilis</i> (%)	
<b>Antibiotics</b>							
Aztreonam	66.3	11.2	10.2	4.7	0.9	6.5	94.6% (n=107)
Cefpodoxime	67.9	13.2	12.3	NA	0.9	5.6	93.8% (n=106)
Nalidixic acid	66	14.1	13.2	NA	0	6.6	93.8% (n=106)
Cefoperazone	68.9	8.7	9.7	5.8	1.9	4.8	91.3% (n=103)
Cefoxitin	65.7	15.7	12.7	NA	1	4.9	90.3% (n=102)
Ampicillin	62	14	13	5	1	5	89% (n=100)
Cefotaxime	67	13	11	3	1	5	89% (n=100)
Imipenem	76.5	8.6	11.1	2.5	0	1.2	72% (n=81)
Piperacillin-tazobactam	81.7	7	7	2.8	0	1.4	62.8% (n=71)
Piperacillin	82.8	6.2	7.8	1.6	0	1.6	56.6% (n=64)
Ceftazidime	86.2	6.9	6.9	0	0	0	51.3% (n=58)
Gentamicin	52.6	18.4	15.8	7.9	0	5.3	33.6% (n=38)
Amikacin	62.5	16.7	12.5	4.2	0	4.2	21.2% (n=24)
Chloramphenicol	73.9	13	8.7	NA	0	4.3	20.3 (n=23)
Ertapenem	31.2	25	18.7	6.2	0	18.7	14.1% (n=16)
<b><math>\beta</math>-lactamases production</b>							
ESBLs	56.7	17.9	11.9	6	1.5	6	52.3% (n=67)
MBLs	61.2	16.3	9	7.5	0	6	52.3% (n=67)
AmpC	55.4	18.5	13.8	7.7	0	4.6	50.8% (n=65)

*E. coli* = *Escherichia coli*; *K. pneumoniae* = *Klebsiella pneumoniae*; *K. oxytoca* = *Klebsiella oxytoca*; *P. aeruginosa* = *Pseudomonas aeruginosa*; *P. vulgaris* = *Proteus vulgaris*; *P. mirabilis* = *Proteus mirabilis*; ESBLs = Extended spectrum  $\beta$ -lactamases; MBLs = Metallo  $\beta$ -lactamases; AmpC = AmpC  $\beta$ -lactamases; NA = Not applicable

from <0.125 to >16 µg/ml to the combination of three antibiotics, namely, cefotaxime, ceftazidime, and ceftazidime without clavulanic acid and from 0.094 to >4 µg/ml to the combination of cefotaxime, ceftazidime, and ceftazidime with clavulanic acid by Etest. Furthermore, AmpC-positive isolates showed MIC values ranging from <0.125 to >16 µg/ml using the combination of cefotaxime, ceftazidime, and ceftazidime without cloxacillin and from 0.125 to >4 µg/ml for cefotaxime, ceftazidime, and ceftazidime with cloxacillin and MBLs producing isolates showed MIC values ranging from 16 to 256 µg/ml for meropenem without EDTA and from 2 to > 64 µg/ml for meropenem with EDTA by Etest. In this study, β-lactamases producing bacteria had shown resistance to aztreonam (94.6%), cefpodoxime (93.8%), nalidixic acid (93.8%), cefoperazone (91.3%), ceftazidime (90.3%), cefotaxime (89%), ampicillin (89%), and imipenem (72%). About 86.04% of isolates showed sensitivity to ertapenem, followed by chloramphenicol (79.7%) and amikacin (79%) [Table 1]. Cotton *et al.*<sup>[2]</sup> reported that 50% of *Enterobacteriaceae* produced ESBLs. The findings of our study were slightly higher than that of Cotton *et al.* showing 60% of *Enterobacteriaceae* produced ESBLs. In this study, 55.3% of *E. coli* from HIV patients produced AmpC, and these results contrasted with that of Padmavathy *et al.*<sup>[3]</sup> who reported that about 72.7% of the *E. coli* from HIV patients showed AmpC production. This study also revealed that about 82% of *E. coli* showed TMP-SMX drug resistance, which was slightly higher than that of Vignesh *et al.*<sup>[4]</sup> who reported that 80.6% of *E. coli* from UTIs among HIV patients showed resistance to TMP-SMX. They recommended imipenem as a drug of choice for treating UTIs caused by multi-drug resistant bacteria, but to our surprise, we found that 72% of the isolates showed resistance to imipenem. Gutiérrez-Gutiérrez *et al.*<sup>[5]</sup> reported that ertapenem appears as effective as other carbapenems for empirical and targeted therapy of bloodstream infections due to ESBLs producing *Enterobacteriaceae*. In our study, ertapenem exhibited good sensitivity not only to ESBL-producing bacteria but also to MBLs and AmpC producers causing UTIs in HIV patients. Based on this study, we suggest ertapenem as the drug of choice for treating multiple β-lactamases producing bacteria from HIV patients.

**Financial support and sponsorship**  
Nil.

#### Conflicts of interest

There are no conflicts of interest.

**Marimuthu Ragavan Ramesh Kumar<sup>1</sup>,  
Narasingam Arunagirinathan<sup>1</sup>,  
Ramachandran Vignesh<sup>2,3</sup>,  
Pachamuthu Balakrishnan<sup>2</sup>, Suniti Solomon<sup>2</sup>,  
Solomon S. Sunil<sup>2</sup>**


<sup>1</sup>Department of Microbiology and Biotechnology, Presidency College (Autonomous), Chennai, Tamil Nadu, India, <sup>2</sup>YRG Centre for AIDS Research and Education, Chennai, Tamil Nadu, India, <sup>3</sup>Laboratory-Based Department, Faculty of Medicine, Universiti Kuala Lumpur Royal College of Medicine Perak (RCMP UniKL), Ipoh, Malaysia

**Address for correspondence:** Dr. Narasingam Arunagirinathan, Department of Microbiology and Biotechnology, Presidency College (Autonomous), Chennai, Tamil Nadu, India.  
E-mail: n\_arunagiri@yahoo.co.in

#### REFERENCES

1. Paterson DL, Bonomo RA. Extended-spectrum beta-lactamases: A clinical update. *Clin Microbiol Rev* 2005;18:657-86.
2. Cotton MF, Wasserman E, Smit J, Whitelaw A, Zar HJ. High incidence of antimicrobial resistant organisms including extended spectrum beta-lactamase producing Enterobacteriaceae and methicillin-resistant *Staphylococcus aureus* in nasopharyngeal and blood isolates of HIV-infected children from Cape Town, South Africa. *BMC Infect Dis* 2008;8:40.
3. Padmavathy K, Padma K, Rajasekaran S. Detection of extended-spectrum β lactamases and AmpC β-lactamase production in *Escherichia coli* causing urinary tract infection among HIV and non-HIV patients. *Am Med J* 2011;1:54-8.
4. Vignesh R, Shankar EM, Murugavel KG, Kumarasamy N, Sekar R, Irene P, *et al.* Urinary infections due to multi-drug-resistant *Escherichia coli* among persons with HIV disease at a tertiary AIDS care centre in South India. *Nephron Clin Pract* 2008;110:c55-7.
5. Gutiérrez-Gutiérrez B, Bonomo RA, Carmeli Y, Paterson DL, Almirante B, Martínez-Martínez L, *et al.* Ertapenem for the treatment of bloodstream infections due to ESBL-producing Enterobacteriaceae: A multinational pre-registered cohort study. *J Antimicrob Chemother* 2016;71:1672-80.

This is an open access article distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.

Access this article online	
Quick Response Code: 	Website: www.jmsjournal.net
	DOI: 10.4103/jrms.JRMS_884_16

**How to cite this article:** Kumar MR, Arunagirinathan N, Vignesh R, Balakrishnan P, Solomon S, Sunil SS. Ertapenem for multiple β-lactamases producing Gram-negative bacteria causing urinary tract infections in HIV patients. *J Res Med Sci* 2017;22:69.